ALL DAY MENU until 2/weekend 2:30pm

PLEASE INFORM US OF ANY ALLERGY(S) AND/OR DIET

ASK US FOR VEGETARIAN, VEGAN, GF, DF OPTIONS! V = VEGETARIAN | GF = GLUTEN FREE | DF = DAIRY FREE

24

19

23

21

24

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26



FREE RANGE EGGS V DF / GF on request Two eggs your way (Poached / Scrambled / Fried) and your choice of toast (Ciabatta / Mixed Grain / Sourdough)	13
EGGS BENEDICT V Potato croquettes, poached eggs, fresh baby spinach, house hollandaise sauce & beetroot puree + ADD BACON \$5 / + HALLOUMI \$4 / + MUSHROOMS \$4 + ADD HOUSE CURED SALMON OR HOT SMOKED SALMON	
BERRY GRANOLA V Berry yoghurt, fresh seasonal fruits, poached pear, toasted seeds, almonds & house granola mix	17
PORRIDGE V VEGAN on request Served with berry coulis, fresh banana, poached pear, toasted almonds and seeds	17
AVOCADO SMASH GF / VEGAN on request Whipped feta, fresh vine tomato, dukkah * on Sourdough + ADD TWO POACHED EGGS \$4 OR MUSHROOM \$4 + ADD FREE RANGE BACON \$5 OR HALLOUMI \$4 + ADD HOUSE CURED SALMON OR HOT SMOKED SALMON	19 \$6
OMELETTE GF DF on request	24

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OMELETTE GF DF on request Three eggs omelette served with romesco sauce and avoca smash on the side with any 3-filling option of your choice, from Bacon / Ham / Salmon / Mushroom / Cheese / Onion/Tomato / Spinach	
MINCE & TOAST GF on request Slow braised beef mince, house potato croquette, roasted tomato, ciabatta toast, a poached egg + ADD BACON \$5	22
BANOFFEE FRENCH TOAST V GF on request	22

Cinnamon & vanilla dipped Brioche, salted caramel panna cotta, honeycomb, grilled banana, fresh fruits, choc crumble,

berry coulis, vanilla maple syrup on side + ADD BACON \$5

Vanilla ice cream, fresh fruits, honey orange blossom syrup, berry coulis, chocolate soil, vanilla maple syrup on the side

ORANGE & RICOTTA GF PANCAKE | GF and V 22

+ ADD BACON \$5 (PLEASE ALLOW 20 MINS for Pancake)

CHILLI CHEESE DOG Cheese kransky, beef chilli, melted cheese, pickles & jalapeno, red onion, bacon bits with American mustard and fried egg
THAI STICKY RICE GF and V VEGAN <i>on request</i> Coconut & pandan infused black rice, mango compote, salted caramel panna cotta, fresh fruits, berry coulis, coconut cream
PAN-FRIED MUSHROOM V GF / VEGAN on request Sautéed portobello & button mushrooms with a touch of balsamic & mushroom stock on kumara mash, crispy kale, poached egg, black truffle oil & garlic bread
PEA & HALLOUMI FRITTERS V Served with mint yoghurt, romesco sauce, mango chutney, poached egg, dukkah * + ADD FREE RANGE BACON \$5 OR MUSHROOM \$4 + ADD HOUSE CURED SALMON OR HOT SMOKED SALMON \$6
CHICKEN BURGER Buttermilk fried chicken, cheddar, mesculin, tomato, pickled cabbage, mango chutney, house spicy sauce, gochujang aioli on burger bun and served with chips + ADD BACON \$5
FRIED BUTTERMILK CHICKEN & WAFFLE Free range streaky bacon, gochujang aioli, house slaw, spring onion, sriracha maple syrup on side
THAI BEEF SALAD DF Grilled Scotch fillet, soba noodle, picked red cabbage, Asian slaw, cucumber, mung beans & crushed peanuts
CHICKEN SALAD GF Free range grilled chicken, grilled halloumi, mango, avocado, mesculin salad, toasted almonds, house aioli & kumara crisps

THE BIG BREKKI DF and/or GF on request

Streaky bacon, chorizo sausage, poached eggs, mushroom, house potato croquette, roasted tomato, avocado smash,

± VEGETARIAN OPTION – Grilled halloumi & falafel served

and your choice of toast (Ciabatta / Mixed Grain / Sourdough)

instead of bacon & chorizo sausage

S	E

CHIPS (served with house aioli on the side)	8
POTATO WEDGES (sour cream on the side)	8
House cured salmon	6
House smoked salmon	6
Free range streaky bacon	6
Free range grilled chicken	6
Grilled halloumi	5
Chorizo sausage	5
Portobello mushroom	4
Roasted tomato	4
Potato croquette	3

BEST UGLY BAGEL

i	GLUIEN-FREE BAGEL + \$1	
	BREAKFAST BAGEL DF and/or GF on request Free range streaky bacon, avocado smash, roasted tomato, scrambled eggs, kale pesto, balsamic vinegar + ADD GRILLED HALLOUMI \$4	20
	CLASSIC BAGEL GF on request	20
	House cured salmon, capers, cream cheese, fresh avocado, fresh tomato, red onion, kale pesto,	

balsamic vineaar + ADD GRILLED HALLOUMI \$4 HALLOUMI BAGEL | V | GF on request 20 Grilled halloumi, cream cheese, fresh avocado, tomato, kale pesto, balsamic vinegar + ADD FREE RANGE BACON \$5

Gluten-Free Toast available + \$1

Freedom loaf is **FREE** of gluten, wheat, dairy, yeast, eggs, nuts & refined sugar

Dukkah contains nuts, seeds & spices

COFFEE atemic

Hot toddy (Honey, Lemon & Ginger)



Coffee are DOU	BLE SHOTS unless requested otherwise	Regular	Large	BOWL	ICED
Flat white		5	5.5	6.5	
Cappuccir	10	5	5.5	6.5	
Latte		5.5		6.5	6.5
Mocha		5.5		6.5	6.5
Short / Long	g Black	4.3			
Americano		4.5			5
Short / Long	g Macchiato / Piccolo	4.5			
Cold drip c	offee				5
EXTRAS	(Shot / Decaf / Vanilla / Car	amel / H	azelnut)	+ 0.5	
	(Soy / Almond / Coconut / C	Oat Milk)		+ 1	
Fluffy (served	with marshmallows)	2			
Hot Choco	late	5.5		6.5	6.5
Sweet Chai Latte 5.5		6.5	6.5		
Spicy Chai Latte (Hakanoa) 5.5		6.5	6.5		

HOUSE SPECIAL Sweetened with Honey & Made with Con		ICED
Matcha Latte	6	6.5
Turmeric Latte	6	6.5

TEA	5.5 (Teapot)
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English Breakfast / Earl Grey / Green Tea / Jasmine Tea Lemon Ginger / Peppermint / Chamomile / Strawberry Kiwi

SMOOTHIES DAIRY FREE OF VEGAN ON request

9.5

Blueberry, Banana, peanut butter, protein powder, vanilla, almond milk

Strawberry, Banana, vanilla, protein powder, coconut milk

Tropical, Mango, pineapple, orange, banana, coconut milk

Spirulina, Kale, spinach, apple juice, banana, coconut milk

FRESH JUICE FRESHLY JUICED TO ORDER

Yellow juice Orange, lemon, ginger

Green iuice Green apple, cucumber, kale

Red juice Apple, carrot, beetroot, ginger

Orange juice Apple juice



BLENDED ICED

Chocolate / Mocha Coffee

Choose from our fridge selection

Ginger beer	5
Organic Juice	5
Coke	5
Kombucha	6

Made with Six Barrel Soda Syrup

Cherry & Pomegranate Raspberry & Lemon Rose Lemonade Grapefruit