



*honey*  
takapuna

# BREAKFAST / BRUNCH (ALL DAY)

## Free range eggs (DF/GF available)

Any style eggs (poached/scrambled/fried) w **your choice of toast**

## Honey's eggs benedict (V)

Potato croquettes, poached eggs, fresh baby spinach, hollandaise sauce & beetroot puree

Add free range bacon +\$5 / House cured or smoked salmon +\$6 / Portobello mushrooms +\$4

## Acai bowl (DF, VEGAN)

Acai blended with banana and coconut cream, served w house granola & fresh fruits

## Sticky black rice (GF, DF, VEGAN)

Served w raspberry rhubarb compote, fresh fruits & coconut cream on the side

## Avo smash (DF, V, GF/VEGAN available)

Smashed avocado, dukkah & sour cream on the side w **your choice of toast**

Add free range bacon +\$5 / House smoked or cured salmon +\$6 / Mushrooms +\$4 / Poached eggs +\$3

## Vanilla pancake (GF)

Served w raspberry rhubarb coulis, vanilla ice cream, fresh fruits, chocolate crumbles, honeycomb mascarpone & vanilla maple syrup on the side

Add free range bacon +\$5

## Brioche French toast (GF available)

Served w caramelised banana, fresh strawberries, cinnamon, honeycomb mascarpone & vanilla maple syrup on the side

Add free range bacon +\$5

## Old fashioned omelette (GF, DF available)

Any **3 choices** from bacon / salmon / ham / mushroom / cheese / tomato / onion / spinach

## Classic mince (GF available)

Served w potato croquette, poached egg, roasted tomato & **your choice of toast**

Add free range bacon +\$5

## Creamy mushrooms (V, GF/VEGAN available)

Served w roasted potatoes, blue cheese sauce, drizzle with truffle oil & **your choice of toast**

Add free range bacon +\$5

## Honey's big brekki (GF available)

Bacon, avocado, chorizo sausage, mushroom, roasted potato, roasted tomato, poached egg & kale w **your choice of toast**

12

16

16.5

16.5

16.5

19

19

19.5

19.5

19.5

24

## TOAST

Five grains

Giabatta

Sourdough

Freedom loaf (GF)\* + \$1

Best ugly bagel + \$1.50

\* Freedom loaf (vegan) is a wheat, dairy, yeast, eggs, nuts & refined sugar FREE bread

V = Vegetarian

GF = Gluten free

DF = Dairy free

Please ask for vege, vegan, GF, DF options

## SIDE

Fat chips 8

Potato wedges 8

Cured/Smoked salmon 6

Free range bacon 6

Grilled chicken 6

Chorizo sausage 5

Halloumi 5

Fresh/Smashed avocado 5

Portobello mushroom 4

Roasted tomato 4

Roasted potato 4

Potato croquette 3

# LUNCH (ALL DAY)

## Pea & halloumi fritters (V, GF)

Served w spiced tomato, mint yoghurt, mango chutney & poached egg

Add free range bacon +\$5 / House cured or smoked salmon +\$6

## Spicy chicken burger (GF available)

Spicy fried free-range chicken, mango chutney, pickled red cabbage, gochujang mayo on Turkish bun w fat chips

Add free range bacon +\$5

## Tacos (GF available)

**Your choice of fried / grilled chicken OR beef**, tortilla, iceberg lettuce, avocado, tomato salsa, pickled red cabbage & sriracha sour cream

## Thai beef salad (DF, GF)

Scotch fillet, soba noodle, pickled red cabbage, Asian slaw, cucumber, mung beans & crushed peanuts

## Super green salad (GF) (Seasonal availability)

Assorted greens (kale, snow peas, asparagus, broccoli, green beans, baby spinach, fresh dill and/or parsley), cured salmon, poached egg, dukkah w green pea hummus

## Chicken salad (GF)

Free range chicken, halloumi, mango, avocado, toasted almonds, house aioli topped w kumara crisps

19.5

21.5

21.5

22

22.5

22.5

## BEST UGLY BAGEL 17

### Breakfast bagel (V)

Smashed avocado, sliced tomato, fried egg & hollandaise sauce

Add halloumi +\$3 / Free range bacon +\$5

### Halloumi bagel (V)

Grilled halloumi, tomato, avocado, cream cheese, fried basil, basil pesto.

Add free range bacon +\$5

### Classic bagel

Cured salmon, avocado, cream cheese, capers, basil pesto

Add halloumi +\$3





# DRINKS

<b>COFFEE</b>		<b>atomic</b> <small>COFFEE ROASTERS</small>	<b>Sml</b>	<b>Med</b>	<b>Lrg</b>
Flat white				4.5	5
Cappuccino				4.5	5
Latte					5
Mocha					5
Short black			4		
Long black				4	
Americano					4
Bowl size					6
Extras	(Shot / Decaf / Soy Milk) (Almond / Coconut Milk)				+ 0.50 + 1
Fluffy			1		
Hot choc				4.5	5
Chai latte (Sweet or spicy)					5
Matcha & honey latte					5
Hot toddy (honey, lemon & ginger)					5

<b>SUPERFOOD SMOOTHIES</b>	<b>9</b>
<b>Blueberry delight</b>	
Blueberry, banana, peanut butter, almond milk, protein powder, chia seeds	
<b>Breakfast boost</b>	
Banana, rolled oats, almond milk, walnuts, honey, protein powder, cinnamon, chia seeds	
<b>Green machine</b>	
Kale, spinach, banana, green apple, coconut water, spirulina, chia seeds	
<b>Anti-aging</b>	
Pineapple, banana, coconut milk, mango, ginger, protein powder, cinnamon, chia seeds	
<b>Tropical</b>	
Mango, banana, pineapple, orange juice, coconut milk, protein powder, chia seeds	

<b>TEA</b>	<b>5</b>
English Breakfast	
Vintage Earl Grey	
Almond Macaroon (Green tea)	
Coconut Chai	
Peppermint (Herbal tea)	
Chamomile (Herbal tea)	
Berry Cassis (Fruit tea)	
Elixir Chocolat (Black tea)	

**STORM & INDIA**  
TEA SISTERS

<b>ICED</b>	
Chocolate	8
Coffee	8
Mocha	8
Latte	6
Americano	5.5
Toddy	5.5



**PREPAID COFFEE CARD**  
\$35 for 10 coffee/tea  
ANY SIZE. ANY MILK.  
INCLUDING ICED LATTE & AMERICANO.

<b>FRESH JUICE</b>	<b>7.5</b>
<b>Yellow</b>	
Orange, lemon, ginger	
<b>Red</b>	
Carrot, apple, beetroot, ginger	
<b>Green</b>	
Kale, cucumber, green apple, mint	
<b>Orange / Apple</b>	

<b>SODA</b>	<b>6</b>
Cherry pomegranate	
Raspberry & lemon	
Orange & dandelion	
Ginger	
Lime	

